

Welcome to the Personal Development Department

Subject Leader : Mr R Lloyd Jones

Teachers : All teachers contribute to fulfilling the department's aims.

Subject Overview

The personal development curriculum at Chenderit School encompasses personal, social, health and economic education (PSHE), a tutor programme, core PE and extra-curricular opportunities.

PSHE is a school subject through which students develop the knowledge, skills and understanding they need to keep themselves healthy and safe, and prepared for life and work. PSHE programmes have an impact on both academic and non-academic outcomes for students.

Certain aspects of the PSHE curriculum are statutory, mainly related to the teaching of Relationships, Sex and Health Education at secondary level.

Teaching Aims and Objectives

With their tutors, all students follow a programme of study that includes careers education and support in making choices about future study and routes into employment, alongside other elements such as study skills, Fundamental British Values and preparation for Life in Modern Britain.

Course Information

By the end of their secondary education, students need to know about:

- Families
- Respectful relationships including friendships
- Being Safe
- Intimate and sexual relationships including sexual health
- The law regarding relationships
- Menstruation
- Physical health and mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and Prevention
- Basic First Aid
- The changing adolescent body

To maintain the importance of a diverse and broad curriculum content the **Personal Development curriculum** also encompasses:

- Careers and Enterprise Education
- Financial Education
- Fundamental British Values (FBV) and Life in Modern Britain (LimB)
- Anti-bullying
- Leadership and team work
- Character Education

In years 7 – 11, students follow the core PE programme.

Extra-Curricular Opportunities

All students have a wide range of opportunities as part of the extra-curricular provision offered by various subject teams, or events beyond the normal school day. Examples include clubs, sporting experiences as well as educational visits, trips or national qualifications such as Duke of Edinburgh, as well as other experiences in the world of work and careers.

Parents/carers who have any concerns about their child or children being involved in such discussions should read **[Understanding Relationships, Sex and Health Education at your child's secondary school](#)**: and contact the school where required.