



Chenderit School

A VISUAL ARTS COLLEGE

Headteacher: Jane Cartwright BA (Hons), MA, NPQH

aim high



arts colleges

ARV. Year8. Fittostudy. TIL

6th June 2018

Dear parents, carers and students,

As part of the Oxford Brookes University Fit to Study project the school is involved in, I would first like to pass on my thanks and appreciation for the work that the Year 8 students have contributed so far from engaging with the fitness 'infusions' in lessons to the online testing many completed at the start of the process. To complete our part in the study, the students now need to complete three tasks in addition to their normal PE lessons and one final physical task in a PE lesson.

One task is an online questionnaire entitled 'About You!' It is a 20-minute questionnaire about health, physical activity and wellbeing. The second task is also being set online: it is a series of five online challenges and will test students' mental skills, such as memory and attention. For all of these tasks students will each be given a printed instruction sheet with log-on details and their own unique password – it is important that students do not lose this sheet as their log-on information is unique to them!

Both challenges must be completed at home on a computer and in an environment that is free of distraction so the data generated for the University scientists is as valid as possible. These tasks will be set via Show My Homework as a homework during the week of 25th June so as not to clash with their end of year subject tests. If students do not have online connectivity at home we will make provision in school for those students – please confirm with Mr Vickers or a member of the PE team if this is the case.

The third task will be administered periods 3 / 4 on Tuesday 12th June under exam conditions in school. It is a cognitive maths challenge. The test is being run by the NCEF, the body that ensures the validity of the study. I can reassure you that there is no need for any preparation or revision from the students! There will be no data generated for the school to use whatsoever and there are no targets to achieve. The students just need to work to the best of their ability for the purposes of the study. All results are anonymised down to the students' individual pin numbers so that only the University study staff can collate all the data together for analysis at the end of the process.

The final part of the task is to be completed in normal PE lesson time in July, and is a Multi-Stage Fitness test. All students completed one at the end of Year 7 and so this is now a comparative test designed to show progress (or otherwise!). Again, no judgements or data are retained by the school: all data is password protected and securely emailed to the study team at Oxford Brookes.

As always, if you have any questions about any of the above, please do not hesitate to email me at avickers@chenderit.northants.sch.uk

Yours sincerely

Mr A Vickers
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